

VA



U.S. Department
of Veterans Affairs

VA Suicide Prevention Resources for Veterans and Their Supporters



Resources for Veterans



VA Mental Health Care

VA's repository of mental health resources, information, and data, including materials specifically for women Veterans, LGBTQ+ Veterans, Veterans transitioning from service, and older Veterans.



Emergency Medical Care for Veterans

VA provides, pays for, or reimburses emergency care for certain Veterans and individuals—including ambulance transportation costs, follow-on inpatient or residential care related to the event for up to 30 days, and outpatient care for up to 90 days, including social work.



Veterans Crisis Line

Available 24/7 to Veterans in crisis and their loved ones. For free, confidential support, Dial 988 then Press 1, chat at [VeteransCrisisLine.net/Chat](https://www.VeteransCrisisLine.net/Chat), or text 838255.



How to Apply for VA Benefits & Services

Veterans and service members can apply online for VA benefits and services, such as health care, education and training, housing, and burial.



Keep It Secure

Promotes awareness about the simple steps Veterans can take to protect themselves and their family, including information about secure gun and medication storage, the warning signs of suicide, and how to find support.



VA Resource Locator

Find VA facilities, Vet Centers, suicide prevention coordinators, and other VA resources.



Safe Home Environment One-Pager

Highlights ways to create a safe home environment and protect yourself and others during a crisis.



Don't wait. Reach out.

Use this site to find support and resources designed specifically for Veterans. Family members and friends can also find resources for the Veteran in their life.



Together With Veterans (TWV)

TWV is a community-based suicide prevention program for rural Veterans. TWV involves partnering with rural Veterans and their communities to implement community-based suicide prevention.



Make the Connection

VA's premier mental health literacy and anti-stigma website highlights Veterans' real, inspiring stories of recovery and connects Veterans and their family members and friends with local resources.



Patient Care Services for LGBTQ+ Veterans

Learn more about available health care services for LGBTQ+ Veterans and download helpful resources.



VA Homeless Programs

If you are or know of a Veteran who is homeless or at imminent risk of homelessness, contact the National Call Center for Homeless Veterans at (877) 4AID-VET (877-424-3838) for assistance.



Uniting for Suicide Postvention

This website provides resources and support for everyone touched by suicide loss.

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VA S.A.V.E. Training

This online training course, designed in collaboration with PsychArmor, teaches anyone who interacts with Veterans how to recognize warning signs of crisis and what to do to help a Veteran who may be at risk.



Reducing Firearm & Other Household Safety Risks for Veterans and Their Families

This brochure provides best practices for safely storing firearms and medications and advice for loved ones on how to talk to a Veteran about safe storage.



Start the Conversation

This customizable toolkit provides information about common issues that many Veterans face, as well as concrete steps to help you support a Veteran who may be dealing with emotional distress or at risk for suicide.



Talking with a Veteran in Crisis

You don't have to be an expert to ask if someone is going through a difficult time or having thoughts of suicide. If you notice changes in a Veteran's behavior or moods and you think they might be in crisis, it's time to respond.



Coaching into Care

A VA national telephone service, Coaching into Care aims to educate, support, and empower family members and friends who are seeking care or services for a Veteran.



Together We Can Series

This series provides evidence-based information on suicide risk and protective factors for Veterans, their families, caregivers, friends, and community members.



VA Suicide Prevention Toolkit for Caregivers

This toolkit includes important information about suicide prevention, as well as evidence-based mental health and substance use disorder treatments that can help Veterans recover and meet their goals. It also includes information on how caregivers can look after their own mental health and wellness.



VA Caregiver Support Program (CSP)

CSP teams are available at each VA Medical Center (VAMC) to help caregivers find the right support to meet their needs and to enroll in caregiver programs and services.



You can support Veterans even more by sharing or using downloadable resources and information, including sample social media posts, newsletter content, graphics, flyers, and fact sheets.